

## NEW PATIENT APPLICATION

**ALL ITEMS WITH \*\* MUST BE FILLED IN**

<b>Patient</b>			
<b>* First Name:</b>	<b>* Last Name:</b>	<b>MI:</b>	<b>* Date of Birth:</b>
<b>*Address:</b>	<b>* City:</b>	<b>*State:</b>	<b>* Zip:</b>
<b>*Home Phone:</b>	<b>Cell Phone:</b>	<b>Work Phone:</b>	
<b>*Email Address:</b>			
<b>*Gender: M F</b>	<b>* SS#</b>	<b>Driver's License # &amp; State:</b>	<b>* Preferred Language:</b>
<b>*Marital Status:</b>	<b>* Preferred Contact</b>	<b>* Ethnicity:</b>	<b>* Race:</b>
<input type="radio"/> Married <input type="radio"/> Single <input type="radio"/> Divorced <input type="radio"/> Separated <input type="radio"/> Widowed <input type="radio"/> Life Partner	<input type="radio"/> Mail <input type="radio"/> Home Phone <input type="radio"/> Cell Phone <input type="radio"/> Text Message <input type="radio"/> None  If text message, home phone or email Please confirm appropriate Numbers.  _____ _____ _____	<input type="radio"/> Caucasian <input type="radio"/> Hispanic /Latino <input type="radio"/> Non-Hispanic <input type="radio"/> Filipino <input type="radio"/> Cambodian <input type="radio"/> Other  _____	<input type="radio"/> American Indian or Alaskan Native <input type="radio"/> Asian <input type="radio"/> African American <input type="radio"/> Native Hawaiian/Other Pacific Islander <input type="radio"/> White <input type="radio"/> Other  _____
<b>Referring Provider:</b>		<b>Primary Care Provider:</b>	
<b>Responsible Party (Guarantor/ POA)</b>			
<b>First Name:</b>	<b>Last Name:</b>	<b>MI:</b>	<b>Date of Birth:</b>
<b>Address:</b>	<b>City:</b>	<b>State:</b>	<b>Zip:</b>
<b>Home Phone:</b>	<b>Cell Phone:</b>	<b>Work Phone:</b>	
<b>SS#</b>	<b>Driver's License # &amp; State:</b>	<b>Relationship to Patient:</b>	
<b>Emergency Contact (For Minor or POA of Patient)</b>			
<b>*First Name:</b>	<b>* Last Name:</b>	<b>MI:</b>	<b>Date of Birth:</b>
<b>Address:</b>	<b>City:</b>	<b>State:</b>	<b>Zip:</b>
<b>*Home Phone:</b>	<b>* Cell Phone:</b>	<b>* Relationship to Patient:</b>	

**Insurance Please Give a Copy of your Insurance Card**

**(NONE) I AM PRIVATE PAY**

**Medicare Only**

<b>*Medicare Policy Number (Medicare Claim Number)</b>	<b>*Effective Date</b>

**Private Insurance Only**

<b>*Name Of Insurance Company</b>	<b>*Individual Policy Number</b>	<b>*Group Number</b>	<b>*Effective Date</b>

**Secondary Insurance**

<b>*Name Of Insurance Company</b>	<b>*Individual Policy Number</b>	<b>*Group Number</b>	<b>*Effective Date</b>

**Medical/ Medicaid Insurance**

<b>*Name Of Insurance Company</b>	<b>*Individual Policy Number</b>	<b>*Group Number</b>	<b>*Effective Date</b>

I/We do hereby consent to and authorize the performances of all treatments, surgeries/procedures and medical services deemed advisable by the physicians/Medical Providers and staff of Premier Healthcare of California, Inc. to me or the above named of whom I am the parent or legal guardian/Power of Attorney over. I hereby certify that, to the best of my knowledge, all statements contained hereon are true.

I certify that the information provided by me in applying for payment under TITAL XVII of the Social Security act is correct and request on my behalf all authorized benefits.

I hereby authorized and instruct my insurance carrier(s) to make payment directly to the Premier Healthcare of California, Inc. (Payments) otherwise billable to me. I agree to personally pay for any charges that are not covered by or collected from any insurance program, including any deductibles and co-insurance amounts.

I am aware that I am responsible for any deductible, co-pay or any amount that is not covered by my insurance(s) and that I am ultimately responsible for my bill that I have requested medical services on behalf of myself and/or my dependents, and understand that by making this request, I become fully financially responsible for any and all charges incurred in the course of the treatment authorized.

I understand that a \$25.00 fee will be billed when the bank returns checks.

I hereby authorized Premier Healthcare of California, Inc. to release any information necessary to insurance carriers regarding my illness and treatment. A photocopy of this assignment shall be considered as valid as the original.

I understand that I am directly responsible for all charges incurred for medical services for myself and/or my dependents regardless of insurance coverage. I furthermore agree to pay legal interest, collection expenses and attorney's fees incurred to collect any amount I may owe. I also hereby authorize Premier Healthcare of California, Inc. to release information requested by insurance company and/or its representatives. I fully understand this agreement and consent will continue until cancelled by me in writing.

I understand that Premier Healthcare of California, Inc. has the right to terminate provider/patient relationship with a written thirty-day notice to patient to allow patient to seek out new medical provider. Reasons for dismissal can be done for various reasons, i.e. Treatment non-adherence, Follow-up non-adherence, Office policy non-adherence. Verbal abuse, non-payment, Over use of prescription medication from other providers (Dr. shopping)

I understand my privacy. Premier Healthcare of California, Inc. regulates under HIPPA compliance. We are dedicated to maintaining the privacy of the patient individually identifiable health information (PHI). I acknowledge that in regards to medical services and treatments, records are maintained. We are required by law to maintain confidentiality of health information that identifies you. By signing, I understand that Premier Healthcare of California, Inc. follows federal and state law of your PHI by HIPPA standards.

I hereby authorize Premier Healthcare of California, Inc. to contact any healthcare facility or entity that I have been associated with to obtain my medical records on behalf, including: Pertinent medical records, medications, lab reports, radiology reports, emergency/urgent care records discharge summary, demographic information or any known medical reports that may be needed for my care.

\_\_\_\_\_  
**\*Patient Name (Please Print)**

\_\_\_\_\_  
**\* DOB:**

\_\_\_\_\_  
**\*Name of Patients Responsible Party: (Please Print)**

\_\_\_\_\_  
**\*Patient/ POA/ Guardian Signature:**

\_\_\_\_\_  
**\*Date:**



405 South Street, Suite F  
Redding, CA 96001  
Ph: 530-941-1017 / Fax: 530-241-1095

## **Insurance and Patient Financially Responsibility Consent**

At Premier Healthcare of California, we would like all our patients and patients POA to understand that we do not do concierge medicine; meaning we do not provide patient with weekly, monthly or yearly fees for the services provided. We do however have cash paid care for those who do not have medical insurance.

Premier Healthcare is a sole practice that provides family practice in office and as well as in house visits to assisted living facilities as a courtesy to the betterment of our homebound patients. In no way are we in financial connection with said facilities other than working together for the best patient/resident care.

We bill insurance companies as a courtesy to our patients. Our policy is to provide the most convenient and best care to our patients at a reasonable cost. This is why we do not exceed the allowable by insurance unless discussed and acknowledged by the patient and or families involved prior to visits or procedures.

As a courtesy we bill your insurance for the cost of a visit or any needed procedures performed which would include visit time, medications, instrumentation and any needed product or devices needed for your treatment.

Though we do our best to be In-Network for the majority of insurance companies, it is impossible to know every small subcategory of health plans that are out there. There for it might be a possibility that Out-Of-Network billing would apply to your visit and care provided. For this reason here at Premier Healthcare of California, we do our best to insure that we are In-Network for all your care, we do however recommend that if you are concerned about your full understanding of your healthcare insurance plan that you contact your insurance companies for a full explanation of benefits, and to ensure that we are In-Network with your insurance company so your care will be covered to its fullest allowable. You may also reach out to Premier Healthcare or there associated billing company for further investigation of your benefits and what would be your total available cost, deductible and co-pay for your visits prior to requesting care from Premier Healthcare.

Please understand that billing does not take place within the office and it may take up to 3 months to 1 year for insurance to pay out and statements to be submitted to the patient. Please also understand that your insurance company may require a co-pay for each visit and yearly deductibles to be met before full insurance coverage is paid out on your behalf. Prior to your insurance policy coverage being met, financial responsibility is and will remain solely of the patient and/or patients POA to pay from their own personal account upon receipt of statement on visits and/or procedures provided by Premier Healthcare of California.

If you have a grievance on the amount, or questions on your final statements, please feel free to direct your questions to your insurance company as well please feel free to contact Premier Healthcare or the billing company about your concerns so that we may better help resolve your questions and situation.

Date: \_\_\_\_\_

Patients Name (Print): \_\_\_\_\_ DOB: \_\_\_\_\_

POA/Guardian Name (Print): \_\_\_\_\_

Patients /POA Signature: \_\_\_\_\_



**Premier Healthcare**  
OF CALIFORNIA

**Premier Healthcare has implemented a cancellation fee of \$25.00 for patients seen in-office, who do not call to reschedule and cancel their appointment 24hrs in advance. This will be billed to you directly.**

**We do our best to keep patient care convenient and timely. We would appreciate the same in return as it will allow us to schedule patients that are in need to be seen sooner.**

**Thank you for your consideration**  
**Premier Healthcare Team**

I understand the reason for the cancellation fee and except the terms. I understand this does NOT apply to patient care within Assisted Living/Memory Care Facilities and only applies to IN-OFFICE Visits.

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Patient/POA Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_

**Pharmacy Information**

**Name:**

**Address:**

**Phone:**

**Fax:**

**Medication: \* List all medication you take, prescription and non-prescription, and dosage \* (you may attach another paper)**

**I do not take medications**

Medication Name	Dose	How often

**Medication and Food Allergies: \*List all known allergies (drugs, food, animals, etc.)**

**NO Known Allergies**

**Advanced Directives**

- NONE
- DO NOT RESUSCITATE
- DURABLE POWER of ATTORNEY Date Reviewed: \_\_\_\_\_
- LIVING WILL
- HC PROXY

**Social History for Adult Patient:**

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Do you have Children?	Y	N	How Many?	Female(s)	Male(s)
Tobacco Use	<input type="radio"/>	<input type="radio"/>	<input type="radio"/> Daily <input type="radio"/> Weekly <input type="radio"/> Former /Year Quit:	<input type="radio"/> Chewing <input type="radio"/> Cigar <input type="radio"/> Smokeless <input type="radio"/> Pipe <input type="radio"/> Cigarette	<input type="radio"/> NO
Alcohol Use	<input type="radio"/>	<input type="radio"/>	<input type="radio"/> Daily <input type="radio"/> Weekly <input type="radio"/> Former/Year Quit:	<input type="radio"/> Beer <input type="radio"/> Liquor <input type="radio"/> Wine <input type="radio"/> Other	<input type="radio"/> NO
Exercise Activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/> Daily <input type="radio"/> Weekly <input type="radio"/> Former/Year Quit:	<b>Sleep Pattern:</b> <input type="radio"/> Changes <input type="radio"/> No Changes	<input type="radio"/> NO
Caffeine Use	<input type="radio"/>	<input type="radio"/>	<input type="radio"/> Daily <input type="radio"/> Weekly <input type="radio"/> Former/Year Quit:	<input type="radio"/> Chocolate <input type="radio"/> Soda <input type="radio"/> Coffee <input type="radio"/> Tea	<input type="radio"/> NO

Patient Name: \_\_\_\_\_

<b>Medical History</b> – Check if you have ever experienced the following conditions, and year of onset.			
Condition	Year	Condition	Year
<input type="radio"/> NONE		<input type="radio"/> Gallbladder Disease	
<input type="radio"/> Allergies		<input type="radio"/> GERD (Reflux)	
<input type="radio"/> Anemia		<input type="radio"/> Hepatitis C	
<input type="radio"/> Angina		<input type="radio"/> Hyperlipidemia	
<input type="radio"/> Anxiety		<input type="radio"/> Hypertension	
<input type="radio"/> Arthritis		<input type="radio"/> Irritable Bowel Disease	
<input type="radio"/> Asthma		<input type="radio"/> Liver Disease	
<input type="radio"/> Atrial Fibrillation		<input type="radio"/> Migraine Headaches	
<input type="radio"/> Benign Prostatic Hypertrophy		<input type="radio"/> Myocardial Infarction	
<input type="radio"/> Blood Clots		<input type="radio"/> Osteoarthritis	
<input type="radio"/> Cancer – TYPE		<input type="radio"/> Osteoporosis	
<input type="radio"/> Cerebrovascular Accident		<input type="radio"/> Peptic Ulcer Disease	
<input type="radio"/> Coronary Artery Disease		<input type="radio"/> Renal Disease	
<input type="radio"/> COPD (Emphysema)		<input type="radio"/> Seizure Disorder	
<input type="radio"/> Crohn’s Disease		<input type="radio"/> Thyroid Disease	
<input type="radio"/> Depression		<input type="radio"/> Weight loss/gain	
<input type="radio"/> Diabetes – TYPE		<input type="radio"/> Other	
<b>Surgical History</b> – Check if you have received the following procedures and year performed			
Surgical Procedure	Year	Surgical Procedure	Year
<input type="radio"/> None			
<input type="radio"/> Angioplasty		<b>Male Only</b>	
<input type="radio"/> Angioplasty w/Stent		<input type="radio"/> Prostate Biopsy	
<input type="radio"/> Appendectomy		<input type="radio"/> TURP (Trans-urethral resection of prostate)	
<input type="radio"/> Arthroscopy Knee		<input type="radio"/> Vasectomy	
<input type="radio"/> Back Surgery		<input type="radio"/> Other	
<input type="radio"/> CABG (Heart Bypass)		<input type="radio"/> Other	
<input type="radio"/> Carpal Tunnel Release			
<input type="radio"/> Cataract Extraction		<b>Female Only</b>	
<input type="radio"/> Cholecystectomy (Gallbladder)		<input type="radio"/> Augmentation Mammoplasty	
<input type="radio"/> Colectomy		<input type="radio"/> Bilateral Tubal Ligation	
<input type="radio"/> Colostomy		<input type="radio"/> Breast Biopsy	
<input type="radio"/> Gastric Bypass		<input type="radio"/> Cesarean Section	
<input type="radio"/> Hernia Repair		<input type="radio"/> D & C	
<input type="radio"/> Hip Replacement		<input type="radio"/> Hysterectomy	
<input type="radio"/> Knee Replacement		<input type="radio"/> Mastectomy	
<input type="radio"/> LASIK		<input type="radio"/> Myomectomy	
<input type="radio"/> Liver Biopsy		<input type="radio"/> Reduction Mammoplasty	
<input type="radio"/> Pacemaker		<input type="radio"/> TAH/ BSO	
<input type="radio"/> Small Bowel Resection		<input type="radio"/> Vaginal Hysterectomy	
<input type="radio"/> Thyroidectomy		<input type="radio"/> Other	
<input type="radio"/> Tonsillectomy		<input type="radio"/> Other	
<b>Health Maintenance</b> – Check if you have received the following and date of most recent exam			
Exam	Date	Exam	Date
<input type="radio"/> None		<input type="radio"/> GYN Exam	
<input type="radio"/> Breast Exam		<input type="radio"/> Influenza Vaccine	
<input type="radio"/> Cardiac Stress Test		<input type="radio"/> Lipid Panel	
<input type="radio"/> Colonoscopy		<input type="radio"/> Mammogram	
<input type="radio"/> DEXA Scan		<input type="radio"/> PAP Test	
<input type="radio"/> Echocardiogram		<input type="radio"/> Physical Exam	
<input type="radio"/> EKG		<input type="radio"/> Pneumococcal Vaccine	
<input type="radio"/> Eye Exam		<input type="radio"/> Pulmonary Function Test	
<input type="radio"/> FOBT (Stool card for hidden blood)		<input type="radio"/> Sigmoidoscopy	
<input type="radio"/> Foot Exam		<input type="radio"/> Tetanus Vaccine	

Patient Name: \_\_\_\_\_

<b>Family History - check if any family member(s) has had any of the following conditions</b>							
<input type="checkbox"/> Adopted							
<b>Diagnosis</b>	<b>Mother</b>	<b>Father</b>	<b>Brother</b>	<b>Sister</b>	<b>Other</b>	<b>Other</b>	<b>Other</b>
<input type="checkbox"/> Alcoholism	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Allergies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Alzheimer's Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Asthma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Blood Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> CAD (Heart Attack)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Cancer - TYPE	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> CVA (Stroke)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Dementia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Depression	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Developmental Delay	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Eczema	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Hearing Deficiency	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Hyperlipidemia (High Cholesterol)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Hypertension	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Irritable Bowel Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Learning Disability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Mental Illness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Obesity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Osteoarthritis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Osteoporosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> PVD (Peripheral vascular disease)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Renal Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>For Pediatric Patient:</b>							
Patient Resides with:	Primary	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Both Parents	<input type="checkbox"/> Other		
	Secondary	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Other			
Mother's Occupation:			Father's Occupation:				
Parent's Relationship:			Childcare:				
<input type="checkbox"/> Married <input type="checkbox"/> Divorced <input type="checkbox"/> Single <input type="checkbox"/> Separated <input type="checkbox"/> Widowed			<input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Sibling <input type="checkbox"/> Grandparent <input type="checkbox"/> Nanny <input type="checkbox"/> Daycare				
Tobacco Exposure: Yes No Smokers at Home: Yes No			Patient is current Smoker? Yes No				

Please have available  
**COPIES of ALL**

- **INSURANCE CARDS:**
- **Driver's License:**
- **Medication List:**

**If Applicable Please Provide:**

- **Power of Attorney for**
- **Medical and/or Financial  
and/or**
- **Advanced Directive:**



## Depression Assessment Questionnaire

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

Over the last 2 weeks, how often have you been bothered by any of the following problems?  
(Please circle or Check to indicate your answer)

	Not at all	Several Days	More than half the days	Nearly every day
1. Little Interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself – or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed. Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead, or of hurting yourself	0	1	2	3

<b>Add columns</b>				
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<b>Total Points</b>	
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<p>10. If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?</p> <p>Not difficult at all _____ Somewhat difficult _____ Very Difficult _____ Extremely difficult _____</p>
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